

OTRD 5 – 8 Grade Volleyball Rules

Matches will consist of three games if necessary. To win the match a team has to win two out of the three games. Rally scoring will be used in all games. The first two games will be to 25 but a team must win by 2 points. A third game if needed will go to 15 must win by 2 points.

One 30 second time out per game per team will be allowed.

Net height will be 6'10" (or as close to that height as we can get it) and the serving line will be at 20'. A regulation size court will be used for play.

All players in attendance will play in every game unless they are injured and unable to play. Players will be required to wear the uniform shirt and must also wear tennis shoes to participate. We are asking that no denim jeans be worn for play. The players can wear shorts, volleyball spankies or sweatpants...whatever they are comfortable playing in, just no Levis. If the uniform shirt is longer than the shorts worn by the player, then the player must tuck the shirt in.

Running rotation is recommended instead of substitution. Teams may decide what position they will rotate their players in at. Players will need to hustle in and out so as to not waste playing time. Substitution can be used but coaches need to make sure all girls get equal playing time as this is a pay to play league.

At the end of each game, players should change sides quickly so the next game can be started to keep the match moving.

If a ball enters the court during game play it will be the responsibility of the referee to determine whether or not to continue play or call a replay. (If the ball entering the court interferes in the play or is deemed to be a potential danger to the players then a replay should be called)

Officiating

The Junior High Volleyball team will provide the referees. The team labeled Home on the schedule will be required to provide an ADULT book/score

keeper and the team labeled Visitor on the schedule will be required to provide line persons for each game.

Five minutes prior to game start time one of the referees will get a team captain from each team for the coin toss. The team winning the coin toss will choose if their team wants to serve first or select the side they start play on.

Hits will be called loosely. Unless it is a blatant catch and throw, officials are to allow the play to continue. All line violations that occur at the net and all net violations will be called to prevent injuries.

Players must watch the official and wait for the whistle and signal prior to serving the ball. Due to the fact that the serving line has been moved into the court by a significant amount, the server cannot step on or over the serving line or it will be a side out and point for the other team.

If the player serving the ball makes a bad toss, on an overhand serve, they can let the ball drop to the ground and wait for the official to signal for a new serve. There can be a maximum of three tosses to hit the ball for the serve. After the third toss, if the player does not successfully hit the ball and lets it drop to the floor, it will be a side out and point for the opposing team.